

BEYOND THE SURFACE

Your vibe has layers 

There's more to discover! Beyond the Surface is a 6-week group where you'll explore your personality, uncover your strengths, learn how you connect with others, and discover what makes you, you!

For teens (14–18) exploring identity, confidence, friendships, communication, motivation, and building a better understanding of who they are.


A Balanced Life LLC
creating family wellness

Planner or wing-it?

Comfort zone or “let’s try it”?

Big crowd or small circle?

- Closed Group.

INFORMATION



When?

- Mondays 4:30 - 6 PM
- 6 weeks
- Beginning September 14th through October 19th



Where?

- In person: 6155 Oak St, Kansas City, MO 64113



Cost?

\$30/week

SIGN UP

Scan the QR Code to complete a brief interest form:



 [Sign Up Link](#)

CONTACT

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 <https://www.abalancedlifellc.com/>

*Group facilitated by Tumelo (Tumi)
Musamali Counseling Intern
Under the supervision of Nicoletta
Garcia, LCSW.*